

INVITATION TO

# SÖDRA JUDO OPEN 4

## AND JUDO4LIFE WEEKEND



**EVENT: SATURDAY 24 NOVEMBER 2018 IN HANINGE**

**Venue:** Torvalla Arena in Haninge, a little south of Stockholm. Dalarövägen 66.

**Weigh-in:** Friday 23/1: 19.00-20.30 Torvalla Arena: All categories

Saturday 24/11: 8.00-8.45 B/GU15, M/WU21  
9.30-10.30 U9, U11  
10.30-11.30 Men, Ladies, B/GU13  
12.00-13.00 B/GU18, Veteran

All attendees in U9, U11, U13 and U15 will weigh-in in judo pants and t-shirt and need to pass the weight with the clothes on. No deduction will be made.

Male or female attendee in U18 and older may choose if they want to weigh-in nude, in underwear or in judo pants and t-shirt. It is not permitted to weigh-in in other clothes or in any other way than this.

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|                           |       |                    |
|---------------------------|-------|--------------------|
| <b>Competition start:</b> | 9.30  | B/GU15, M/WU21     |
| Approximate times         | 11.30 | U9, U11            |
|                           | 12.30 | Men/Ladies, B/GU13 |
|                           | 14.00 | B/GU18, Veterans   |

Exact start time depends on the number of attendance in respective categories. We do our best to make the competition as smooth as possible for all attendees. Depending on the number of attendees the competition will be on 5 or 6 tatamis.

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### Categories:

U9 Boys and Girls Mix (born 2010-2011): Classification into classes of 3 or 4 depending on weight and grade. All receive medal.

U11 Boys and Girls Mix (born 2008-2009): Classification into classes of 3 or 4 depending on weight and grade. All receive medal.

Boys U13 (born 2006-2007): Classification into classes of 5 depending on weight and grade. Medal to 1,2,3 min 4 kyu.

Girls U13 (born 2006-2007): Classification into classes of 5 depending on weight and grade. Medal to 1,2,3 min 4 kyu.

|            |                  |  |           |
|------------|------------------|--|-----------|
| Girls U15  | (born 2004-2005) | -36, -40, -44, -48, -52, -57, -63, +63 kg      | min 4 kyu |
| Boys U15   | (born 2004-2005) | -38, -42, -46, -50, -55, -60, -66, -73, +73 kg | min 4 kyu |
| Girls U18  | (born 2001-2003) | -40, -44, -48, -52, -57, -63, -70, +70 kg      | min 4 kyu |
| Boys U18   | (born 2001-2003) | -46, -50, -55, -60, -66, -73, -81, -90, +90 kg | min 4 kyu |
| Female U21 | (born 1998-2001) | -44, -48, -52, -57, -63, -70, -78, +78 kg      | min 4 kyu |
| Men U21    | (born 1998-2001) | -55, -60, -66, -73, -81, -90, -100, +100 kg    | min 4 kyu |
| Ladies     | (born -2001)     | -48, -52, -57, -63, -70, -78, +78 kg           | min 4 kyu |
| Men        | (born -2001)     | -60, -66, -73, -81, -90, -100, +100 kg         | min 4 kyu |
| Veterans   | (born 1948-1988) | Men: -60, -66, -73, -81, -90, -100, +100 kg    |           |

|                                    |  |
|------------------------------------|--|
| A-class (Blue belt and higher)     | Ladies: -48, -52, -57, -63, -70, -78, +78 kg |
| M/L12 30-39 Years (born 1979-1988) | B-class (Yellow- green belt)                 |
| M/L56 50-59 Years (born 1959-1968) | M/L34 40-49 Years (born 1969-1978)           |
|                                    | M/L78 60-69 Years (born 1949-1958)           |

In the case of few enrolment, the classification is divided into classes by weight and age according to the principle 10 years / 10 kg difference.

Register with year of birth, grade and weight class.

U9: 2 min; U11: 2 min; U9 and U11 is it Golden Score for 1 min, then judgments  
U13; 3 min; U15: 3 min; U18: 4 min; U21: 4 min; M+L: 4 min. Then Golden Score until a winner is appointed.

### Registration:

**At the latest Friday, 16/11 2018, only via web form at [www.iksodra.com/sjo](http://www.iksodra.com/sjo)**

NOTE! Only clubs can register, not individuals.

You will automatically receive confirmation in the mail.

We ask all clubs to do their utmost to register all participants with the correct year of birth, in the correct category and in the correct weight class.

It makes it a lot easier when we create each group.

### Registration fee:

**Contest:** 200 SEK/starters, **after the 16/11 double charge.**

The fee is paid at the same time as the registration

Account holder: IK Södra

IBAN: SE11 8000 0832 7901 4619 5045

BIC: SWEDSESS

Each club pays start and attendance fees for all its registered in advance.

Refunds will only be made if 1) club removes the registration before 16/11 or 2) if a competitor is not allowed to compete because of that there are no opponents.

### Contest rules:

According to IJF's competition rules and SJF's competition regulation. Insurance for Swedish clubs through SJF.

### Contest system:

Pool competition or in large weight classes SWE Direct Repechage.

Everyone is guaranteed at least two matches.

The organizer reserves the right to assemble classes if necessary.

Double only allowed for last year's U13 in U15, U15 in U18, U18 in U21, U21 in Senior.

### Accommodations:

**IK Södra dojo** in Skarpnäck. Notify it in connection with the application. Cost 100 SEK per person per night. Breakfast included. Max 50 people (so hurry up if you want a space)

**Quality Hotel Haninge:** Located approximately 2.5 km from the competition arena.

For booking please contact the hotel directly. Specify that you will use the sports agreement to get a discount on accommodation and food during your stay.

[g.group.winnhaninge@choice.se](mailto:g.group.winnhaninge@choice.se) or call 08-745 75 00

**Other: Registered participants agree that their names may be published on**

[www.iksodra.com](http://www.iksodra.com)

and

[www.judo.se](http://www.judo.se).

This competition is the basis of the ranking of the Swedish Judo Federation in the categories concerned.

For direct questions, changes in categories, weight classes, etc. Email

[tavlingar@iksodra.com](mailto:tavlingar@iksodra.com)

Activities (all times during Saturday are preliminary)

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| <b>Friday</b>    |   |
|------------------|---|
| Weigh-in (ALL)   | Torvalla Arena 19:00-20:30  |
| Katapractice     | Torvalla Dojo 19:00-21:00   |
| Judo4All         | Torvalla Dojo 18:00-19:30   |
| <b>Saturday</b>  |   |
| Category         | U9    U11    U13    U15    U18    U21    Senior    Veteran  |
| Weigh-in         | 9:30    9:30    10:30    8:00-    12:00    8:00    10:30    12:00<br>10:30    10:30    11:30    8:45    13:00    8:45    11:30    13:00 |
| Start            | 11:30    11:30    12:30    9:30    14:00    9:30    12:30    14:00  |
| <b>Sunday</b>    |   |
| 08-Randori       | Torvalla Arena A-hall.  |
| Exercise         | 10:00-12:00   |
| Judo4AllExercise | IK Södras Doja i Skarpnäck Judo4All,<br>soft technique training (for both big and small) and Kata training.                             |
| Exercise         | 10:00-12:00   |